



Kanata Aikikai 25th Anniversary Seminar

March 27- 28, 2010

Featuring **Kawahara Shihan, 8th Dan,**
Technical Director of the Canadian Aikido Federation

Where: 203 Catherine Street, 3rd Floor East entrance, Ottawa (Ottawa Aikikai)

	Before Feb 28th	At the door
2 Days	\$90	\$100
Saturday (March 27) only	\$70	\$80
Sunday (March 28) only	\$40	\$40

Dinner: Saturday night, Chinese buffet, details to be announced

For more information: www.KanataAikikaiSeminar.com

or contact Kanata Aikikai Sensei David Yates at 613-592-2743 or
dcyates@rogers.com

Tentative Schedule

Saturday March 27th

9:30 - 10:00 Registration
10:00 - 11:00 Class
11:15 - 12:15 Class
12:15 - 1:45 Lunch Break
1:45 - 2:45 Class
3:00 - 4:00 Class
4:10 - 6:00 Tests (1st Kyu and up)

Sunday March 28th

9:30 - 10:00 Registration
10:00 - 11:30 Class
11:45 - 1:15 Class